

LET'S HEAR FROM 123

COMMUNITY NEWSLETTER: VOLUME 6- WEDNESDAY, FEBRUARY 1, 2023
HOSTED BY ACVO, EDITORS: GRACE KNOX, PAM KNOX, DEE LORIS

In this Issue

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Did you know...

February was established as American Heart Month in1964. It is a reminder for all people to focus on their cardiovascular health.

Two ways to participate in American Heart Month

1. Learn about the symptoms of a heart attack (they are different for men and women)
2. Participate in a heart health walk

https://www.cdc.gov/american_heart_month <https://www.elitrahealth.com/four-ways-to-celebrate-american-heart-month/>

Who we are

We are a TEAM of volunteers intending to bring as much information monthly to the 63123 community as is provided to us. Each issue will highlight activities from area schools, recognize the events and developments making positive changes to our community. To be effective, we need your input. So, LET'S HEAR FROM 123!

visit: www.afftonvolunteers.org

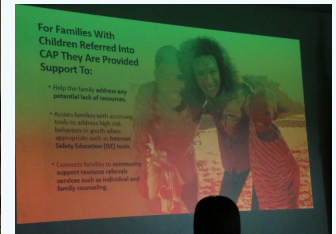
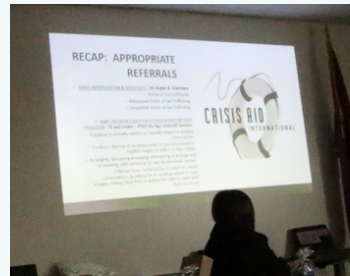


February is not just



63123 in Motion

Starting the year off on a serious note, people representing area school districts, child advocate agencies and concerned citizens attended a presentation by Crisis Aid International to learn how to keep the children of our community safe from sexual predators. The meeting was held at the South County Police Precinct on January 10.



Upcoming Events

- Cor Jesu Academy's 44th Annual Auction Feb. 4, 5pm
- Salem Lutheran's Men's Club Sausage Dinner Feb. 5, 11am-5pm
- Future Lancers Course Selection Feb. 6, 6:30pm
- Sweetheart Breakfast Feb. 11, Rogers Middle School 8:30am-12pm
- ACIA meeting Feb. 23, Affton Fire Station, 11am



COMMUNITY HAPPENINGS

ACIA

(Affton Community Improvement Association)

The January meeting started with a delightful, belated Christmas luncheon enjoyed by all who attended.

The guest speaker was Doug Stagner, President of Grant's Farm. His presentation covered the history of Grant's Farm and the many new activities and events



Doug Stagner

that will take place there this year. New themed nights, like February's Valentine Date Night, expanded entertainment during the summer on Friday and Saturday nights, the introduction of new food kiosks around the courtyard, new animal shows and a variety of ways to plan celebrations for birthdays, anniversaries and just because. Visit their website for additional information www.grantsfarm.com

The rest of the meeting updates were given on a variety of subjects from members of the community and from those who represent Affton in area politics.

To receive a copy of the minutes from the January meeting contact Peggy Keilholz at ologyfam@att.net

Everyone is welcomed to join the next meeting at the Affton Fire Station on Gravois, Thursday February 23, at 11am.



Affton Community Volunteers Organization

Greetings! We hope your year is starting out well and that January has been enjoyed by all. Coming into February, we hope that plenty of happiness is brought to all sweethearts.

We are now taking reservations for

Adult Water Fitness Classes that start Monday, March 6 and Wednesday, March 8. Visit our website: www.afftonvolunteers.org for complete details and to view information on other events and activities. We also have volunteer opportunities for all ages. Volunteering is self rewarding.

EDITH saves lives

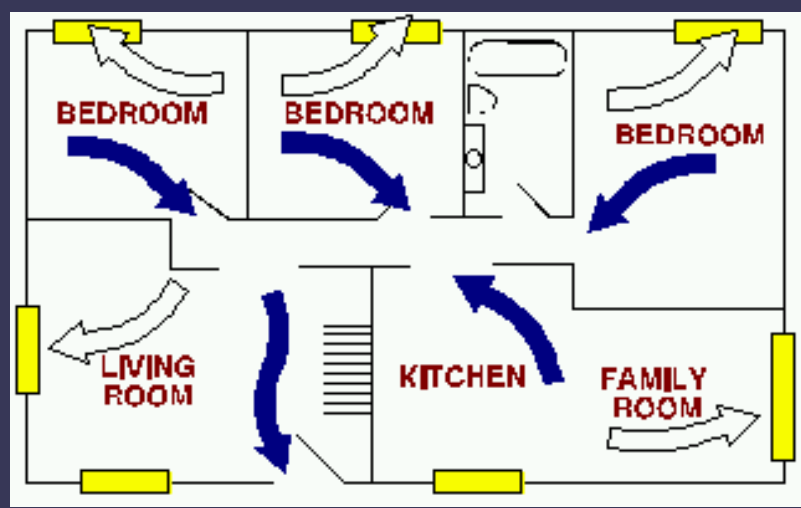
It called EDITH, It stands for Exit Drill In The Home. Make a drawing and plan with your family. Designate a meeting point (a neighbor's porch is a good location so your kids can alert the neighbors if there is a fire). GET OUT, STAY OUT. Tell your kids to stay at the meeting place and wait for you there after they knock on the neighbor's door. Too many parents are killed reentering burning homes looking for kids that got out, but they could not find them and assumed the worst and reentered their burning homes. Tell your kids if their toys or pets are in the house, when we get there with the fire engine, WE will get them for them. We teach this for years during our Firehouse tours as they grow up with us. Make the map tonight and teach the kids how to get out (even in the dark) and run to the predesignated meeting point.



Affton Fire Protection District Station 1
9282 Gravois Rd.
314.631.1803
afftonfire.com

Stay Safe, Nick

Nick Fahs
 Chief of Fire and EMS Services



COMMUNITY HAPPENINGS



**We've Come a Long Way
Since We Started in 1898.**



In Honor of Our Founding Year,

**Save \$18,980
on ALL Homes!**

**PLUS GET SPECIAL FINANCING AT 3.836%*
AND \$2,500 IN CLOSING COSTS
on all Market Homes!**

See McKelveyHomes.com for complete list of Market Homes

Our homes have changed over the years, but our commitment to quality craftsmanship and our reputation for excellence in customer service remains unchanged since 1898. Visit one of our communities today and take advantage of these huge anniversary offers!

- | | | | |
|---|---|---|---|
| <p>INVERNESS
Dardenne Prairie
From the \$500s - \$900s
636-686-8747</p> | <p>WATERFRONT AT WILDHORSE VILLAGE
Chesterfield
From the \$970s to \$1M+
314-378-2186</p> | <p>SOMMERLIN
O'Fallon
From the \$390s - \$800s
636-628-7627</p> | <p>CUSTOM HOMES
3 Locations Available
Visit mckelveyhomes.com
314-378-2186</p> |
|---|---|---|---|

THE PRESERVE

In St. Louis County near MacKenzie & Watson Rd

- | | | |
|---|--|--|
| <p>Detached Villas
From the \$290s - \$750s
636-236-1229</p> | <p>The Glen
From the \$440s - \$750s
636-236-1229</p> | <p>The Estates
From the \$200s - \$1M+
636-891-3693</p> |
|---|--|--|



**Move up to
McKelvey
and get more.**

McKelveyHomes.com

Updates from the Affton Southwest Precinct

We hope all Affton Southwest residents had a wonderful 2022 Holiday Season, and a great start to the 2023 year! During the fourth quarter last year, officers assigned to the Affton Southwest Precinct were busy due to ongoing crime trends, conducting Holiday Enforcement, converting from a 10-hour patrol shift to a 12-hour patrol shift, and watching our new precinct under construction.

We still have some crime trends in our area involving stolen vehicles, catalytic converter thefts, and larcenies/shoplifting. The good news is that we saw a downtick in these crimes compared to the fourth quarter of 2021. Larcenies, stolen vehicles, and destructions of property were all down. Please remember to talk with your family, friends, and neighbors to lock vehicle doors, keep valuables hidden, take firearms out of vehicles, and do not warm up your vehicle unattended in your neighborhood or on business parking lots. Do not be afraid to report suspicious activity in your neighborhoods, or when you are out in the community. Our officers like to be proactive and stop the crimes before they are committed. These tips will help our officers combat crime in our area.

Police officers conducted Holiday Enforcement from November 20th, 2022, till January 2nd, 2023. During this period, while focusing on our above crime trends, precinct officers made 77 arrests, seized 15 guns, and issued 11 DWI's. Our officers are committed to keeping the citizens of the Affton Southwest Precinct safe, and the best way to accomplish that is community policing and assistance from our community.

We encourage any interested residents to partner with us and attend our Neighborhood Watch Meetings. Please contact the Neighborhood Policing Office when your neighborhood or subdivision is hosting a meeting so an officer can attend and answer your questions.

Thank you so much for your support. Stay safe and contact us if you need anything!

Lt. Shawn McGuire and the Affton Southwest Precinct personnel

Adult Water Fitness Classes

Affton High School Pool
8309 Mackenzie Road

Starting Monday, March 6 and Wednesday, March 8

6 to 7 pm - Doors open at 5:30 - Enter door 16

8-Week Session - \$65 - Both Nights \$130

We offer Low Impact in the Shallow End and Deep-Water Exercises

A noodle is needed for both classes. You **Must** provide your own noodle.

We will have them on hand to purchase.

3 Ways to Make a Reservation

Call 314-633-5959 - email pknox@afftonschools.net

or visit <http://www.afftonvolunteers.org/community-activities.html>

Leave your: *Name * Contact number *Class day(s) M-W or Both &

If you would rather be in the shallow or deep end

Hosted by ACVO- Affton Community Volunteers Organization

COMMUNITY ENTERTAINMENT



ST. JOHN PAUL II • AFFTON, MO
BSATROOP725G@GMAIL.COM



The Affton Parents Club is hosting a Sweetheart Breakfast for the community!

Bring your significant other, best friend or the whole family to enjoy all-you-can-eat Chris's Pancakes, sausage, coffee and orange tang. Don't forget your camera for some photo booth fun! there will also be a craft for the kids.

- Go to apc.ptboard.com to choose your seating time.
- Tickets are \$12 per person (plus a small ticket fee). Seating is limited so buy yours today.

9 Mile Garden

9375 Gravois Road - St. Louis, MO 63123 - 314.390.2806 - 9milegarden.com

Although the food truck season is over, and the Canteen is closed until March 1, check out the website to see what they are up to for Mardi Gras.

And of course they will be having a Super Bowl celebration on February 12!

Wanting to plan a celebration, reunion or special event? Click on Private Events on their website and get the party started!

Tower Tee

6727 Heege Road - St. Louis, MO 314.833.3322 - towertee.com

Closed for maintenance until Feb. 5
Hours: Monday-Sunday 11am-6pm

- Fun for adults and kids: a driving range, top tracer bays, footgolf, putting course/mini golf, batting cages, bocce ball and more!

BREW Building Relationships Empowering Women

February 16, 2023 9:00am

Sharpshooter Pit & Grill

8135 Gravois Road - St. Louis, MO

Topic to be Announced

No RSVP needed, just show up!

Grant's Farm

7385 Grant Road - St. Louis, MO 314-843-1700 - grantsfarm.com

February through March, Grant's Farm is open for Private Behind-the-Scenes and Clydesdale Close-Up Tours. Go to their website to see available dates.

ACFP Winter Pantry Requests

Cereal
Mac 'n Cheese
Dry & Canned Beans
Dry Pasta (no spaghetti please)
Pasta Sauce - Tomato Paste - Manwich Sauce
Meal Supplements
(Hamburger Helper & Rice, Pasta, And Potato Sides)
Baking Goods
(Cake Mixes, Baking Ingredients, Spices)
Toilet Paper
Laundry Detergent
Shampoo

SCHOOL UPDATES



AFFTON SCHOOL DISTRICT

Help us give a big COUGAR CONGRATULATIONS to Chris Kappler, Director of Activities! This past weekend, he was inducted into the Missouri State High School Soccer Coaches Association Hall of Fame for his stellar coaching career while at Rockwood Summit High School.



During our Professional Development Day on January 3, Affton teachers and staff spent time together learning with Tier One Tactical Solutions and the St. Louis County Police Department, practicing our 4E training (Educate, Evade, Escape, and Engage) and emergency first aid in the event of an active intruder or emergency.

Affton School District remains committed to providing a safe learning environment, and our faculty and staff have done an exceptional job of embracing the need for additional training. We will always seek to improve our preparedness in an effort to keep our students and schools safe



FOUR CANDIDATES FILE FOR AFFTON BOARD OF EDUCATION



Four Affton citizens have filed their candidacy for the three open positions on the Affton School District Board of Education. The positions are for three-year terms, and Election Day is April 4, 2023.

The candidates, in order of filing and as their names will appear on the ballot, are:

- Jeanette Schoenberg
- Justin P. Carney
- Bridget Denise Sinamon
- Jeff Franta

Visit the Meet the Candidates page on our website for more information.



Affton School District was pleased to join Bayless, Hancock Place, and Mehlville School Districts earlier this month in a joint Legislative Breakfast with our administrators, Boards of Education, and state and local representatives to discuss upcoming legislation that may have an impact on education.

Affton Sports - February

Varsity Basketball-Boys

- 2/2: Pacific (AWAY) 7pm
- 2/8: Valley Park 6pm
- 2/9: DuBourg (AWAY) 5:15pm
- 2/14: Mehlville (AWAY) 7pm

JV Basketball-Boys

- 2/2: Northwest (AWAY) 5:30pm
- 2/8: Valley Park 4:30pm
- 2/9: DuBourg (AWAY) 4pm
- 2/14: Mehlville (AWAY) 5:30pm

Freshmen Basketball-Boys

- 2/2: Northwest (AWAY) 4:15pm
- 2/7: John Burroughs (AWAY) 4pm
- 2/14: Mehlville (AWAY) 4:15pm
- 2/17: Normandy 4:15pm

Swim

- 2/1: (AWAY) Lindbergh 4:30pm

Wrestling-Boys

- 2/4: Seckman (AWAY) 10am
- 2/8: St. Mary's (AWAY) 5pm

Varsity Basketball-Girls

- 2/6: Riverview (AWAY) 4pm
- 2/8: McCluer North (AWAY) 5:30pm
- 2/10: Ritenour 6pm
- 2/14: Normandy (AWAY) 6pm
- 2/15: Maplewood 4:30pm
- 2/16: Steam Academy 5:30pm
- 2/22: Hazelwood E. (AWAY) 5:30pm

JV Basketball-Girls

- 2/8: McCluer North (AWAY) 4pm
- 2/10: Ritenour 4:30pm
- 2/14: Normandy (AWAY) 4:30pm
- 2/16: Steam Academy 4pm
- 2/22: Hazelwood E. (AWAY) 4pm

SCHOOL UPDATES



On January 27, Bayless School District was named a Missouri District of Character by Character.org. The organization certifies schools and districts across the country as institutions who create an environment where character is intentionally taught and reinforced in all aspects of school life. Bayless prides itself on being a place where all students can become Smart, Good and Strong, important elements in people of character.



This designation continues a tradition dating back more than a decade of having Bayless recognized in some manner by Character.org

BSD launches Instagram:

Bayless is now on Instagram. Follow @baylessbsd for exclusive content and photos.

The Bayless-Nottingham game returned to campus for the first time in several years. The entire student body came to the game and cheered on both our boys' basketball team and the Longhorns. Before the game, the two groups participated in a joint character lesson.



Nottingham CAJT is a high school program for students with moderate to severe developmental delays.



Three art students were selected for the St. Louis County Department of Public Health's 2023 Healthy Living Calendar. This is the second year in a row BHS students have made up one-fourth of the calendar.

The students and winning art pieces are:
 "Sleep Can Take You Anywhere" by junior Alina Quach
 "Take a Break, Treat Yourself" by senior Leyla Bekirova
 "Stay Calm" by freshman Kaliyah Harden (not pictured)

Bayless elementary held its annual spelling bee in January, and the winner was second grader Eltaf Maiwand. The runner-up was third grader Caroline Schloss.



Bayless Sports - February

Varsity Basketball-Boys

- 2/1: McKinley (AWAY) 6:15pm
- 2/3: Metro (AWAY) 6pm
- 2/7: Crossroads 7pm
- 2/10: Brentwood (AWAY) 6:30pm
- 2/15: St. Pius X (AWAY) 7pm
- 2/16: Gateway 7pm

JV Basketball-Boys

- 2/3: Metro (AWAY) 4:30pm
- 2/7: Crossroads 4pm
- 2/15: St. Pius X (AWAY) 5:30pm

JV Basketball-Girls

- 2/6: Jefferson 5:30pm
- 2/15: St. Pius X 5:30pm

Varsity Basketball-Girls

- 2/4: McKinley (AWAY) 4:30pm
- 2/6: Jefferson 7pm
- 2/7: Crossroads 5:30pm
- 2/10: Brentwood (AWAY) 5:30pm
- 2/15: St. Pius X 7pm
- 2/16: Gateway Science 5:30pm

SCHOOL UPDATES



Cor Jesu Academy's 44th Annual Auction is Saturday, February 4, 2023. To register to attend, volunteer or donate visit www.corjesu.org/auction.

Congratulations to Cami Torres '23 – Cor Jesu's 2023 recipient of the Archdiocese of St. Louis' Martin Luther King, Jr. Model of Justice Award.



February 10-17, 2023

Penny Queen Week is our annual mission week, where each class puts on a variety of events to raise money for selected charities. It is a fun-filled week, with lots of profit-shares, clothing sales and exciting events for all!



Funderwear 2023

Congratulations to Cor Jesu & St. Joe for collecting **41,602** pairs of socks & underwear for the St. Patrick Center! The Chargers are **THRILLED** to welcome **THE PANTS** back to CJA!!!!



MAJOR Congrats to the Charger Mock Trial Team on their first round of BAMSL Competition. The team will be gearing up for their second trial on February 7.



Charger Swim & Dive placed third at COMO Invite. Way to go Chargers!



The Charger Speech Team had a great meet this month.

Cor Jesu Sports - February

Varsity Basketball

- 2/7: MICDS (AWAY) 6pm
- 2/14: Whitfield 5pm
- 2/17: Notre Dame 6:30pm
- 2/18: Jackson HS 12pm
- 2/20: St. Francis Borgia (AWAY) 7pm
- 2/21: Nerinx 6pm

JV Basketball

- 2/1: Notre Dame (AWAY) 5:30pm
- 2/7: MICDS (AWAY) 4:30pm
- 2/17: Notre Dame 5pm
- 2/18: Jackson HS 10:30am
- 2/20: St. Francis Borgia (AWAY) 5:45pm
- 2/21: Nerinx 4:30pm

Freshman Basketball

- 2/1: Notre Dame (AWAY) 4:15pm
- 2/7: Nerinx 4pm
- 2/9: St. Joe 4pm

Swim

- 2/4: Nerinx (AWAY) 12pm
- 2/17-2/18: MSHSAA State

SCHOOL UPDATES

COURSE SELECTION NIGHT



MONDAY FEB. 6

Future Lancers are invited to join us for Course Selection Night on Monday, February 6 at 6:30 p.m. Doors open at 6:00pm. Students who have been accepted to Lutheran South and have paid their deposit qualify to participate in early course selection. Meet your future classmates and map out your high school classes.

This event is for Class of 2027 students and their parents/guardians. Lutheran South faculty and upperclassmen will be on hand to help you along the way. Please RSVP at [LSlancers.org/events](https://www.lslancers.org/events).

If you have not yet applied, we would still love for you to be a part of the Lancer family. Space is limited. Apply at [LSlancers.org/admissions](https://www.lslancers.org/admissions). Deposits are due by February 1 to attend this event and secure your spot in the Class of 2027.



The Lutheran South baseball teams are hosting a hog raffle. Tickets are \$25 for a chance to win a whole hog, including meat processing. The winner will be drawn on Saturday, March 4. One does not have to be present to win. Raffle tickets are available at [LSlancers.org/events](https://www.LSlancers.org/events)



LUTHERAN HIGH SCHOOL SOUTH



ALL-STATE

Five Lady Lancers were named to the Academic All-State Volleyball Team. These girls not only excelled on the court but in the classroom, playing in 75% of varsity matches last year and earning a 3.6 cumulative GPA. Congratulations to Libby Dalton, Hope Dicken, Haley Hinton, Maddie Moorhem, and Ellie Buscher.



Junior Ella Arbeiter broke another Lutheran South swimming record! Ella shattered the previous 500 free record by 10 seconds with a time of 5:17:07. She now holds four swimming records at South - three in freestyle (100, 200, and 500) and one in the 200 IM.



The St. Louis Post-Dispatch has named Adam Snoke to the 2022 All-Metro boys cross country first team. Snoke ran the fourth-fastest 5K time in the area of 15 minutes and 39.90 seconds. He picked up five championships, including the Metro League and Class 3 District 1 meets. Snoke has signed to run at the University of Tennessee this fall.



The Lady Lancers won the Lutheran South Tournament in overtime with a 69-64 win over Union in the championship game! The triumph also served as coach Ben Ealick's 200th win. Ealick is in his 13th season guiding the team.

Lutheran South Sports - February

Varsity Basketball-Boys

- 2/3: Priory 7pm
- 2/7: Rockwood Summit (AWAY) 6pm
- 2/10: MICDS 7pm
- 2/14: Christian High 6:30pm
- 2/16: Principia (AWAY) 7pm

JV Basketball-Boys

- 2/3: Priory 5:30pm
- 2/4: Lindbergh 10am
- 2/7: Rockwood Summit (AWAY) 4:30pm
- 2/9: MICDS 7pm
- 2/14: Christian High 5pm
- 2/17: Principia (AWAY) 5:30pm
- 2/21: St. Charles (AWAY) 5pm

JV Basketball-Girls

- 2/1: Herculaneum (AWAY) 5:30pm
- 2/8: Borgia (AWAY) 5:45pm
- 2/10: MICDS 4:15pm
- 2/13: Parkway West 5:30pm
- 2/15: Westminster (AWAY) 4:15pm
- 2/21: Francis Howell 5pm

Freshmen Basketball-Boys

- 2/3: Priory 4:15pm
- 2/9: MICDS 5:30pm
- 2/17: Principia (AWAY) 4:15pm

Varsity Basketball-Girls

- 2/1: Herculaneum (AWAY) 7pm
- 2/8: Borgia (AWAY) 7pm
- 2/10: MICDS 5:30pm
- 2/13: Parkway West 7pm
- 2/15: Westminster (AWAY) 5:30pm
- 2/16: Principia (AWAY) 5:30pm
- 2/21: Francis Howell 6:30pm

Freshmen Basketball-Girls

- 2/1: Herculaneum (AWAY) 4:30pm

SCHOOL UPDATES



SALEM LUTHERAN
CHURCH AND SCHOOL

5025 Lakewood Avenue
St. Louis, MO. 63123
314-353-9242 - www.slcas.org



Noah, the support dog, visits Salem Lutheran.



Last home basketball game for the eighth grade girls.

SALEM LUTHERANS MEN'S CLUB SAUSAGE DINNER

FEB 5
11 A.M. - 5 P.M.

ALL-YOU-CAN-EAT SAUSAGE DINNER
TICKETS ARE AVAILABLE IN THE CHURCH OFFICE OR THE DAY OF THE EVENT

ADULTS \$12 CHILD (AGE 5-12) \$6
YOUNGER CHILDREN EAT FREE!

CHECKS OR CASH ACCEPTED.
MAKE CHECKS PAYABLE TO SALEM MEN'S CLUB.
FOR MORE INFORMATION VISIT
SLCAS.ORG/CHURCH/MENS-CLUB-SAUSAGE-DINNER.

5025 LAKEWOOD AVENUE
63123



Salem Lutheran School OPEN HOUSES

February 8
Kindergarten 6 p.m.
First Grade 6:30 p.m.

February 23
Early Childhood Center
Ages 2 - Pre-K
6 p.m.

Private Tours are available on [your](#) schedule

Pre-register at slcas.org/school



SALEM LUTHERAN
CHURCH AND SCHOOL

5025 Lakewood Ave.
enrollment@slcas.org
slcas.org/school

Holy Cross

ACADEMY



Holy Cross Academy
8874 Pardee - St. Louis, MO 63123
Intermediate Campus
7748 Mackenzie Road St. Louis, MO 65123
Early Education Center



Thank you

**Our thanks to all who participated to make volume six of LET'S HEAR FROM 123.
Keep a healthy heart!
See you at the end of next month!**