# LET'SHEAR FROM 123 

## AFFTON| BAYLESS| COR JESUILUTHERAN SOUTH

COMMUNITY NEWSLETTER: VOL.2, ISSUE 7 - FRIDAY, MARCH 1, 2024 HOSTED BY ACVO, EDITORS: GRACE KNOX, LAUREN KNOX, PAM KNOX, DEE LORIS

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Who we are
We are a TEAM of volunteers intending to bring as much information monthly to the 63123 community as is provided to us. Each issue will highlight activities from area schools, recognize the events and developments making positive changes to our community. To be effective, we need your input. So, LET'S HEAR FROM 123!
visit: www.afftonvolunteers.org

## Did you know...

March is known for wild weather and rainbows, shamrocks and leprechauns. But, do you know..

1. Where the term "luck of the Irish" comes from?
2.Are Leprechauns real?
2. What movie played the song "Some where over the rainbow"?


See page 10 for the answers

## Upcoming Events

- Garden Party \& Market at 9 Mile Garden, March 10, 11am-4pm
- Ribbon cutting ceremony on new Affton police precinct
- Breakfast with the Cougar Bunny at Rogers Middle School March 23
- ACIA meeting March 28, Affton Fire Station, 11am


Affton Fire<br>Protection District Station 1 9282 Gravois Rd. 314.631.1803 afftonfire.com

## Tornado Safety

Know the difference between a tornado watch and a tornado warning.

- Tornado Watch means tornadoes are possible, so stay tuned to a radio or television for information.
- Tornado Warning means a tornado has been sighted or indicated by weather radar. Take shelter immediately.
https://stormaware.mo.gov


Deadly Tornado History in Missouri

- Joplin- May 22, 2011
- St. Louis- Sept. 29, 1927
- Poplar Bluff- May 9, 1927
- Tri-State tornado- March 18, 1925
- St. Louis- May 27,1896

A storm aware message from Donald Woolem
Battalion Chief Medical Officer

Hello, from the Affton Southwest Precinct! This month I want to discuss the awareness and importance of Domestic Violence in our society, and to let victims know they have resources and options.

Since January 1, 2024, just in the Affton Southwest Precinct, our police officers have responded to over 92 Domestic Violence calls for service. A "Domestic victim" has a large classification of individuals which include: any household or family members defined as spouses, former spouses, any person related by blood or marriage, persons who are presently residing together or have resided together in the past, any person who is or has been in a continuing social relationship of a romantic or intimate nature with the victim, anyone who has a child in common regardless of whether they have been married or have resided together at any time, and includes any child who is a member of the household or family.

These types of calls typically involve a lot of emotion and sensitive information when officers get dispatched to a scene. Our police officers do a great job of attempting to de-escalate emotions on scene and quickly figuring out the details of the call before they decide if any laws were broken. The officers understand how difficult these calls can be for the reporting parties and individuals involved.

The St. Louis County Police Department Domestic Violence Unit has several good resources for victims including this website:
https://www.thehotline.org/support-others/ I also have a Domestic Violence Safety Plan document that may assist victims that do not know what to do in these types of relationships.

Please stay safe. As always, thank you for your interest in our community. Please do not hesitate to contact us if you need anything.

Thank you for your time and please remember, for emergencies, call 911. For non-emergencies, dial 636-529-8210.

Lt. Shawn McGuire, Affton-Southwest Precinct (smcguire@stlouiscountymo.gov)

## Lititing UpSTRN

## BRAIN AWARENESS PROGRAM

Lifting Up STL believes we can flatten the curve of drug use in adolescents by educating youth on the intricacies of the human brain.
The Brain Awareness program features real, human brain specimens. We welcome any interested schools to participate through presentations given to:

+ Middle School Students
+ High School Students
+ Administrators



## Presented by Paul H. Young, MD

Dr. Paul Young provides neurosurgical care for patients with brain disorders. He is recognized as a "Best Doctors of America" Neurosurgical Expert. Now retired from the OR after over 45 years, Dr. Young is making his expertise available as an educator at all levels on the current understanding of human brain structure, function, potential, and pitfalls.

2024 tmportant $\theta$ tates MARCH: MARCH MADNESS BRACKET CHALLENGE APRIL 12: BAGS TOURNAMENT
MAY TBD: "EAT OUT FOR CHANGE" AT CAFÉ TELEGRAPH MAY TBD: FLORIDA TRIP RAFFLE
JUNE 14: ADAM YOUNG MEMORIAL GOLF TOURNAMENT SEPTEMBER 13: 9 MILE GARDEN NIGHT
NOVEMBER 8: ANNUAL FUNDRAISER

## REACH OUT



For questions, to donate, volunteer, or connect with us, please scan the QR code to visit our website.
(O) @liftingupstI

@liftingupst।
(C) 314-833-5220 $\triangle$ info@liftingupstl.org (7mw.liftingupstlorg

Based in St. Louis, MO, Lifting Up STL provides guidance \& resources to those in the community with a willingness \& desire to change their circumstances.

## Sappington

## Lakeshire

Affton Community

Greetings to All, Happy March!
We hope everyone is ready to enjoy the pretty Irish green coming soon. Think Spring as it officially begins Tuesday, March 19.

Daylight Saving Time begins Sunday, March 10 and allows for more daylight in the evening hours. More time to enjoy being outside walking, running, riding bikes whatever makes you feel good.

We are having a Breakfast with the Cougar Bunny for children up to 12 years old on Saturday, March 23 at Rogers Middle School hosted by Affton Cheerleaders and ACVO.

Enjoy the month and be sure to visit the ACVO website for coming events like the Craft and Flea Market on Saturday April 27.
www.afftonvolunteers.org
Make time to smell some flowers and Stay Safe!


## Christian Food Pantry: March requests

The Affton Christian Food Pantry would like to thank our generous friends in the community who share food with us throughout the year. The more than 1,300 individuals helped by the pantry each month are more grateful than you can imagine.

1. Peanut butter
2. Mac and cheese
3. Rice and dry beans
4. Canned meats like chicken, ham and SPAM, stews, chili, canned pasta
5. Meal supplements like Instant Mashed Potatoes, Knorr side dishes, Hamburger Helper, Rice a Roni, Velveeta side dishes and skillets
6. Dinner soups
7.Dry pasta
7. Canned fruit
8. Canned beans
9. Personal hygiene products/deodorant/soap

Thanhau!
Steve Brady, Manager Affton Christian Food Pantry

## ACIA <br> (Affton Community Improvement Association)

Greetings to All,
We hope your February was a sweet month and you learned many ways to keep your heart healthy.

This month our guest speaker was Mike Carosone. He spoke about several organizations he helps in our area, like the Alzheimer's Association, the Affton Christian Food Pantry and St. Vincent DePaul. He is also a member of the Community Action Team which has members from five area school districts (Affton, Bayless, Hancock, Lindbergh and Mehlville) they discuss issues affecting students and schools, and they consider solutions to those issues. We were very enlightened about the number of people in these organizations keeping our neighborhoods strong.

The next meeting will be Thursday, March 28, 11am at the Affton Fire Station, 9282 Gravois Rd. The guest speakers will be Amy Ruzicka, Superintendent of Bayless Schools and Dr. Travis Bracht, Superintendent of Affton Schools.

We hope you enjoy the month and have a little luck of the Irish - Stay Safe

## Tower Tee

6727 Heege Road 314.833.3322 towertee.com

## Hours:

Monday 10am -9pm
M. Tuesday - Saturday 9am -9pm Sunday 9am -8pm

- Fun for adults and kids: par 3 golf course, driving range, top tracer bays, footgolf, putting course/mini golf and bocce ball.



## COMMUNITY ENTERTAINMENT

## GRANT'S FARM

The Busch Family Home Since 1903

## 7385 Grant Road

## 314-843-1700 - grantsfarm.com

 Spring schedule starts March 1 Get ready for the Spring season by purchasing advance tickets to any of the events below on Grant's Farm website grantsfarm.com.
## Spring Break

## March 18-31 | 9am - 3pm

This spring break, Grant's Farm will be open every day for free general admission. We invite you to enjoy quality time with friends and family. All you need for your visit is a parking pass.

Animal All-Star lunch \& Meet-and-Greet March 18-21 \& March 25-28 | Reservations Available for 11am or 1pm
Join us for a buffet lunch in our Baurenhof Courtyard, and have a meet and greet with a variety of Grant's Farm favorite animals.

Easter Bunny brunch \& family egg hunt March 22-24 \& 29-31| Reservations Available for 9am, 11am or 1 pm

Gather up the family and celebrate brunch in our beautiful Baurenhof Courtyard and then join an Easter egg hunt, for those under the age of 12, on the lawn of the Busch Family Estate.

||l-4P
9375 GRRVOIS RD. AFFTON, MO 63123


Affton

## SCHOOL DISTRICT

## Historic win alert for Affton girls wrestling

Filled with Cougar Pride, we celebrate Issac H., who has made history at Affton High School as the FIRST wrestler from our girls' team to become a District Champion and State


Qualifier at the MSHSAA Class 1 District 1 Wrestling Tournament! Issac's journey breaks new ground and sets a high bar, showcasing incredible hard work, dedication and resilience.


## Affton Early Childhood now enrolling

CALLING ALL PRESCHOOLERS Affton Early Childhood is now enrolling for the 2024-25 school year with options in: Full Day, Three \& Four Year Old Half Day Mornings, PreKindergarten Half Day Afternoons and Before \& After Care. Visit our website to complete the interest form to request a spot for your child. You will receive a follow-up confirming your spot or reaching out to discuss other spots that may be open. Once your spot is confirmed, you will receive a link with all the information you need to register.

## \#afftonlearns during Black History Month

Throughout the month of February, our schools have celebrated Black History Month with lessons and learning. At Gotsch Intermediate, students researched prominent Black figures throughout history to decorate their classroom doors, then classes were led on a Black History Scavenger Hunt. Great work, Gotsch! We love it when learning is also fun.

In addition, Affton High School students visited Mesnier Primary School to teach elementary students about famous Black Americans. We are so proud of our high school students for being such fantastic role models.


## Affton Sports - March

## Varsity Boys Volleyball

- 3/26: Oakville 6:15pm


## JV Boys Volleyball

- 3/26: Oakville 5:15pm Freshmen Boys Volleyball
- 3/26: Oakville 4:15pm


## Boys \& Girls Track

- No meets in March


## Boys Golf

- 3/27: Lindbergh (AWAY) 3:30pm


## Varsity Girls Soccer

- 3/25: Valley Park 4:30pm
- 3/28: Windsor (AWAY) 4:15pm

JV Girls Soccer

- 3/28: Windsor (AWAY) 5:30pm


## Varsity Baseball

- 3/11: Hancock (AWAY) 4pm
- 3/11: DuBoug (AWAY) 5:15pm
- 3/25: Hancock (AWAY) 4pm
- 3/26: DuBourg (AWAY) 4pm
- 3/28: Mehlville (AWAY) 4pm
- 3/29: Ladue 4:30pm

JV Boys Baseball

- 3/26: Ritenour (AWAY) 4:15pm
- 3/27: Ritenour 4:15pm
- 3/29: Ladue (AWAY) 4:30pm


## National Girls \& Women in Sports Day

On Wednesday, Feb. 7, 2024, Affton High School and AHS Athletics invited former and current female Affton athletes and coaches to be recognized for National Girls \& Women in Sports Day. Over 80 female athletes and coaches, spanning six decades, returned to AHS to celebrate the incredible achievements, resilience and empowerment of girls and women in sports in Affton and across the globe. From breaking records to shattering glass ceilings, their contributions inspire us all to aim higher and push further.




Jobs for America's Graduates sponsor Mr. Kelting

First Lady Parson to visit Bayless
On Wednesday, March 13, First Lady Teresa
Parson, the wife of Governor Mike Parson, will be visiting Bayless. First Lady Parson is coming to visit the district's Jobs for America's Graduates Program.

JAG at Bayless teaches a variety of practical skills for students to seek employment post-graduation. Both First Lady Parson and Governor Parson are active in Missouri's JAG chapter.

## Bayless junior scores 1,000th point



At the end of January, Bayless junior Gracianaelle Ladouceur scored her 1,000th point. She has helped lead the Bronchos to an 8 -2 record in their last 10 games leading into the district tournament.

Ladouceur's accomplishment was celebrated at a boy's home game on Feb. 2.

## Superintendent Ruzicka given state

 awardThe Missouri Association of School Administrators (MASA) has named Bayless Superintendent of Schools Amy Ruzicka as the Emerging Superintendent of the Year for the Greater St. Louis District.

Ruzicka has served the district since 2008 in a number of roles, including teacher, instructional coordinator and assistant superintendent. She became

## Amy Ruzicka



2024 MASA Emerging Superintendent of the Year for the Greater St. Louis District Superintendent of Schools in 2022. Ruzicka was nominated for this honor by her colleagues in the Greater St. Louis MASA District.

The award is given yearly to superintendents in their second or third year who have shown outstanding performance that reflects the best in educational leadership. The accomplishment is well earned; Ruzicka is one of approximately 200 superintendents in the state of Missouri who are in their first three years.
"We congratulate Amy for this most-deserved recognition," Bayless Board of Education President Woody Babb said. "Amy has done a tremendous job for us. She is constantly working to make Bayless the best it can be by looking for opportunities to help our students, staff and community grow. Bayless is truly blessed to have Amy as its district leader."

MASA will present the award to Superintendent Ruzicka during its annual conference on March 20, 2024.

## Bayless Sports - March

Varsity Girls Soccer

- 3/11: Hancock 4pm
- 3/21: Hazelwood West (AWAY) 6pm
- 3/26: Ritenour 4pm
- 3/27: McKinley (AWAY) 4:30pm
- 3/29: Crossroads 4pm

JV Girls Soccer

- No games in March

Varsity Baseball

- 3/15: Hazelwood Central 4pm
- 3/25: Jefferson R-7 4pm
- 3/28: Hazelwood East 4pm

JV Baseball

- 3/25: Jefferson R-7 6pm

Varsity Boys Volleyball

- 3/18: Fox 5:30pm
- 3/19: Seckman 5:30pm
- 3/22-23: Southside Tourney
- 3/27: Granite City 6pm
- 3/28: Collegiate School of Med. 5:15pm

JV Boys Volleyball

- 3/18: Fox 4pm
- 3/19: Seckman 4pm
- 3/27: Granite City 4:30pm
- 3/28: Collegiate School of Med. 4:15pm


# 1 Sunset Hills Sanninaton 

 East Carondelet
## Cor Jesu Speech Team Success

## CorJesu <br> ACADEMY



## Lunar New Year at CJA

CJA's Asian Culture Appreciation, Women of Color and Cultural Diversity Clubs collaborated to organize the second Annual Lunar New Year Party.

## Summer Camp registration is open

CJA offers enrichment camps, such as cooking, dance and coding, along with sports camps run by our high school coaches and players. NEW THIS YEAR: "Charger for a Week" camp - an all-day camp filled with all types of games (board and strategy), activities and sports.
Register at www.corjesu.org/camps

## Sports Highlight

Paige Dolrenry ('24) scored her 1,000 high school career basketball point!


## Congratulations to

 Swim \& Dive on earning 8th at the State meet!Varsity Soccer

- 3/23: Edwardsville 10am
- 3/25: Villa (AWAY) 4pm
- 3/28: St. Joseph's Academy (AWAY) 4pm


## JV Soccer

- 3/23: Edwardsville 12pm
- 3/25: Villa (AWAY) 5:30pm
- 3/28: St. Joseph's Academy (AWAY) 5:30pm


## Varsity Soccer

- 3/23: Edwardsville 1:30pm
- 3/25-3/28: Lindbergh Tournament
- 3/25: St. Dominic (AWAY) 6:45pm

Sunset Hills


LuSo softball was named an Academic AllState Team! The girls earned an average 3.41 GPA as a team. Seven Lancers were named individual Academic AllState players for earning unweighted GPAs of 3.7 or above.


Does your child enjoy shooting hoops? Love creating and drawing? Want to try a new sport like football or field hockey? LuSo Summer Camp offers a variety of athletic and enrichment activities with morning and afternoon sessions available.
Your campers will have fun while learning a new skill. Register today at:
LSlancers.org/summer


After an incredible senior season, Ella Arbeiter is a State Champ! She won the 500 free with a time of 5:02:71, and didn't stop there. She took second place in the 200 free, racing a personal best time and setting a new school record. Freshman Aubrey Yancey also had a fantastic swim, placing seventh in the 100 fly.

LuSo athletes signed on to continue their academic and athletic careers in college. Connor Terbrock - Baseball - John Wood Community College
Mac Floyd - Baseball - Mississippi Valley State University
Ellie Buscher - Basketball - State Fair Community College
Lindy French - Softball - Colorado School of the Mines
Taylor Lorenz - Softball - William Woods University


Freshman Gabriella Ryan has raised thousands of dollars for Feed My Starving Children by making more than 1500 cupcakes! She was recognized with the "Do the Right Thing" award presented at the St. Louis City Police Headquarters for her community service. Ryan sells her cupcakes through social media, at Joe and Suzy's Produce, and Gateway Christian Church.

The Lutheran South Mock Trial team placed fourth out of 66 teams to advance to the regional competition in Clayton. This year's case involves a personal injury lawsuit between two drivers, one of which was a self-driving truck.


LuSo art teacher, Mike Lorenz, received the Exceptional Educator Award from the Affton-Lemay Chamber of Commerce. Lorenz, (LS '98), has a huge heart that seems to keep no record of time or workload. In addition to teaching painting, drawing, sculpture, photography, ceramics, and digital design, he coaches football and leads the Student Council. He is full of energy and devotes himself to ensuring that his students have the best high school experience possible.

## Lutheran South Sports - March

## Varsity Girls Soccer

- 3/26: Northwest 6pm
- 3/28: Burroughs (AWAY) 4pm JV Girls Soccer
- 3/26: Northwest 4:15pm
- 3/28: Burroughs 4:15pm


## Varsity Boys Golf

- 3/27: Westminster TBA


## JV Boys Golf

- 3/28: MICDS (AWAY) TBA


## Varsity Boys Tennis

- 3/26: Lutheran St. Charles (AWAY) 4pm
- 3/27: Mehlville 4pm

Varsity Boys Volleyball

- 3/26: Clayton (AWAY) 5:30pm
- 3/28: Parkway South 5:15pm


## JV Boys Volleyball

- 3/26: Clayton (AWAY) 4:15pm
- 3/28: Parkway South 4:15pn

Freshmen Boys Volleyball:

- 3/28: Parkway South 4:15pm


## Varsity Baseball

- 3/9: Priory 11 am
- 3/9: Parkway West 1:30pm
- 3/25: Windsor 4:30pm
- 3/26: Festus (AWAY) 4:30pm


## JV Baseball

- 3/20: Parkway West (AWAY) 4:15pm
- 3/25: Windsor (AWAY) 4:30pm
- 3/26: Festus 4:30pm


## Freshmen Baseball

- 3/27: Burroughs 4:15pm


## COMXUNITY GOXIERNMENT

Sunset Hills Sanninaton

# DO haver a question EOR YOUR HMFCTHD RHPRMSHNTATIVE? HABHK BHRON EOR YOUR  

Governor Mike Parsons
P.O. Box 720

Jefferson City, MO 65102
573-751-3222

US Senator Josh Hawley
111 South 10th Street, Suite 23.360
St. Louis, MO 63102
314-354-7060

US Senator Eric Schmidt
Thomas F. Eagleton US Courthouse
111 South 10th Street, Suite 23.305
St. Louis, MO 63102
314-230-7263

MO State Senator (District 1)
Doug Beck
201 West Capitol Avenue
Room 328
Jefferson City, MO 65109
(573) 751-0220
doug.beck@senate.mo.gov

MO House of Representatives (091) Sarah Unsicker
201 West Capitol Avenue
Room 101-C
Jefferson City M) 65101
573-751-2883
Sarah.Unsicker@house.mo.gov

MO House of Representatives (092)
Michael Burton
201 West Capitol Avenue
Room 109-D
Jefferson City MO 65101
573-751-9472
Michael.Burton@house.mo.gov

MO House of Representatives (093)
Bridget Walsh Moore
201 West Capitol Avenue
Room 105-D
Jefferson City, MO 65101
573-751-0211
Bridget.Walshmoore@house.mo.gov

St. Louis County Executive
Dr. Sam Page
41 South Central
Clayton, MO 63105
314-615-5000
cecomments@stlouiscountymo.gov

District 5 Councilwoman
Lisa Clancy
314-615-5441
Iclancy@stlouiscountymo.gov

District 6 Councilman
Ernie Trakas
314-615-5442
etrakas@stlouiscountymo.gov


## 

Our thanks to all who participated in making the March issue of LET'S HEAR FROM 123. We wish you all some luck of the Irish! See you in April!

## Answers to Did You Know:

1) Although the saying has spread around the world, it is thought to have originated in America.
https://www.celtictitites.com, blog, /uck-of-the-irish
2) A Leprechaun is a diminutive supernatural being in Irish folklore, classed by some as a type of solitary fairy.
(https://en.wikipedia.org , wiki , Leprechaun)
3) The Wizard of Oz
(https://news.columbia.edu>newsover-rainbow-story)
