

# LET'S HEAR FROM 123

AFFTON | BAYLESS | COR JESU | LUTHERAN SOUTH

COMMUNITY NEWSLETTER: VOL.2, ISSUE 6 - THURSDAY, FEBRUARY 1, 2024  
HOSTED BY ACVO, EDITORS: GRACE KNOX, LAUREN KNOX, PAM KNOX, DEE LORIS

## In this Issue

- Upcoming Events
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## Who we are

We are a TEAM of volunteers intending to bring as much information monthly to the 63123 community as is provided to us. Each issue will highlight activities from area schools, recognize the events and developments making positive changes to our community. To be effective, we need your input. So, LET'S HEAR FROM 123!

visit: [www.afftonvolunteers.org](http://www.afftonvolunteers.org)

## Did you know...

Valentine's Day is celebrated in different countries around the world, and became a day for romance during the Middle Ages in Europe. How much do you know about this day of love? ([history.com/topics/valentines-day](http://history.com/topics/valentines-day))

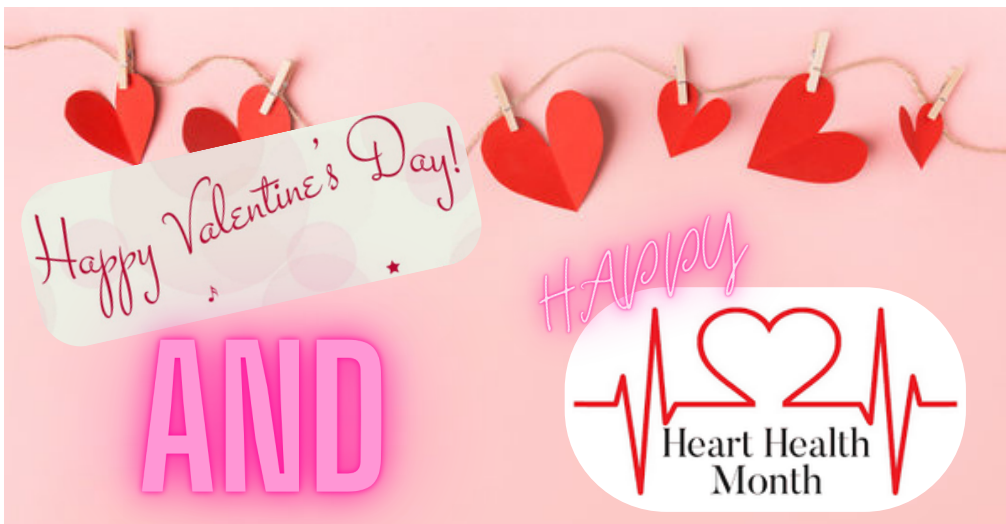
1. Valentine's Day is celebrated on February 14 which coincides with which ancient Roman festival?
2. What movie is based on a book by Nicholas Sparks and features Ryan Gosling and Rachel McAdams as the leads?
3. What is one of the most popular Valentine songs, and who is one of the most popular singers of the song?

See page 10 for the answers

## Upcoming Events

- Cor Jesu Auction, February 3
- Lutheran Salem Sausage Supper, February 4, 11am-5pm
- Sweetheart Breakfast February 10, Rogers Middle School, 8:30-11:30am

- ACIA meeting February 22, Affton Fire Station, 11am
- Rock 'n Roll Bingo February 23 at the American Legion Hall #162, S. Broadway, doors open 6pm, Bingo 7 pm



## 63123 in Motion

January was filled with special fun events for all students. Rogers middle schoolers went ice skating, Cor Jesu and St. Joseph's Academy held their annual Funderwear Challenge and the Lutheran South mini-cheerleaders performed at a basketball game.



Affton



Cor Jesu



Lutheran South





# COMMUNITY HAPPENINGS



## Affton Southwest Precinct updates

Hello, from the personnel of the Affton Southwest Precinct!

We hope everyone enjoyed the holiday season and the beginning of 2024. We have a lot to be thankful for, including the new almost-complete Affton Southwest Precinct! You know what the outside looks like, but here are some inside photos of the building.

We will hopefully be all moved in by the beginning of February 2024. Stay safe and please contact us if you need anything!

-Lt. Shawn McGuire and the Affton Southwest Precinct



## Lifting Up STL

*So Long, January...*

January is a time filled with goals and new beginnings for the year ahead, and that's no different for Lifting Up STL! With goals in mind, fundraising plans in the works, and marketing objectives in place, we're excited to see what this year brings.

As always, we're filled with gratitude for the unwavering support and generosity of our donors and volunteers. Together, we are truly making a difference in the lives of those we serve. Check out what's going on around Lifting Up STL, and here's to being one month into 2024!

### BLOOD DONORS SAVE LIVES

February is American Heart Month

Celebrate by Giving Blood with ImpactLife

Wednesday, February 28th 3-7 PM  
Parish Hall at Seven Holy Founders  
6737 S Rock Hill Rd Affton, MO 63123

Appointments required. Schedule an appointment at [bloodcenter.org/group](http://bloodcenter.org/group) and enter group #11342

## SHARE WHAT'S IN YOUR HEART

2024 Important Dates

- FEBRUARY 28: BLOOD DRIVE
- MARCH: MARCH MADNESS BRACKET CHALLENGE
- APRIL 12: BAGS TOURNAMENT
- MAY TBD: "EAT OUT FOR CHANGE" AT CAFE TELEGRAPH
- MAY TBD: FLORIDA TRIP RAFFLE
- JUNE 14: ADAM YOUNG MEMORIAL GOLF TOURNAMENT
- SEPTEMBER 13: 9 MILE GARDEN NIGHT
- NOVEMBER 8: ANNUAL FUNDRAISER



### REACH OUT

For questions, to donate, volunteer, or connect with us, please scan the QR code to visit our website.

[@liftingupstl](https://www.instagram.com/liftingupstl) [@liftingupstl](https://www.facebook.com/liftingupstl) [@liftingupstl](https://www.twitter.com/liftingupstl)

314-833-5220 | [info@liftingupstl.org](mailto:info@liftingupstl.org) | [www.liftingupstl.org](http://www.liftingupstl.org)

Lifting Up STL is a 501(c)(3) nonprofit organization.



**Affton Fire Protection District Station 1**  
9282 Gravois Rd.  
314.631.1803  
[afftonfire.com](http://afftonfire.com)

## American Heart Month

life is why™

FEBRUARY 2024

## Healthy Heart month

We want everyone to stay healthy this February. One step towards being in the best shape is for all people to focus on their cardiovascular health.

So, ask your physician what steps you need to take.

Stay warm and healthy,  
Donald Woollem  
Battalion Chief Medical Officer

## NATIONAL WEAR RED DAY®

February 2, 2024

Rock your Red today for women's heart health.

Go Red

# PulsePoint

## News and Product Information

Delivered direct to your inbox

# COMMUNITY HAPPENINGS



**Affton Community  
Volunteers  
Organization**



Greetings to All!

We hope your month of January has passed by with much excitement of sports and other activities.

Looking forward to February, also known as Heart month, we hope everyone thinks about how to keep their heart healthy. Eating right, exercising and relaxing often are some of the ways.

We also celebrate Black History Month, Valentine's Day, and Presidents' Day among other holidays this month. Each are important.

Looking forward ACVO will help host Breakfast with the Cougar Bunny with the Affton cheerleaders in March, and in May a Craft and Flea Market. Be sure to visit our website [www.afftonvolunteers.org](http://www.afftonvolunteers.org) for updates on new activities.

Enjoy a safe and sweet February.



## Christian Food Pantry: February requests

The Affton Christian Food Pantry would like to thank our generous friends in the community who share food with us throughout the year. The more than 1,300 individuals helped by the party each month are more grateful than you can imagine.

1. Entrees, like canned chicken, spam, ham, beef stew, etc
2. Meal supplements like Rice a Roni, Knorr side dishes, Hamburger Helper
3. Canned and dry beans
4. Chili
5. Pasta Sauce or canned tomatoes
6. Canned Fruit
7. Mac 'n Cheese
8. Hearty Soups
9. Cereal
10. Personal Care items especially, deodorant, shampoo, soap, feminine hygiene products



**Thank you!**

Steve Brady, Manager  
Affton Christian Food Pantry

## ACIA

(Affton Community Improvement Association)



Greetings to All!

Happy New Year, we hope January has started off well for you.

The weather has been very mild, and yet we have had a nice mixture of cold, mid temperatures and snow with ice. So this has been a normal January and I'm glad we are almost through it.

Our guest speakers for the January meeting were from STLMSD. Executive Director Brian Hoelscher and Director of Engineering Rich Unverferth spoke on several projects: MSD-Project Clear, PROPOSITION W and PROPOSITION S which all are important to 63123. Please check [MSDProjectClear.org/ballot](http://MSDProjectClear.org/ballot) for more information and updates.

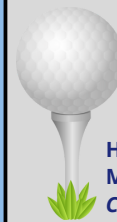
The February meeting will be Thursday, February 22 at the Affton Fire Station at 11 am.

We hope you have a good month, and Happy Heart Month!

Stay Safe!

## Tower Tee

6727 Heege Road  
314.833.3322 [towertee.com](http://towertee.com)



**Hours:**  
Monday-Sunday 11am-7pm  
Closed Monday January 22-Sunday February 4 for annual maintenance.

- Fun for adults and kids: par 3 golf course, driving range, top tracer bays, footgolf, putting course/mini golf and bocce ball.





# COMMUNITY ENTERTAINMENT

**GRANT'S FARM**  
The Bush Family Home Since 1903



7385 Grant Road  
314-843-1700 - [grantsfarm.com](http://grantsfarm.com)

## Winter at Grant's Farm

Every season at Grant's Farm brings something new and different.

In February, the private Behind-the-scenes tour and the Clydesdale Close-up tour are available on Fridays, Saturdays and Sundays by purchasing advance tickets on Grant's Farm website - [grantsfarm.com](http://grantsfarm.com)



Behind-the-scenes tour



Clydesdale Close-up tour

CELEBRATE THE START OF FOOD TRUCK SEASON!

# GARDEN PARTY & MARKET

SUNDAY, MARCH 10TH  
11A-4P



9375 GRAVOIS RD. AFFTON, MO 63123

25+ LOCAL VENDORS  
FOOD TRUCKS LIVE MUSIC

# Affton Parents Club

**AFFTON PARENTS CLUB**  
**Quarterly Meeting**  
THURSDAY FEBRUARY 8  
Affton Early Childhood Center | 7:00 p.m.  
Important Topic:  
2023 APC board and delegate voting  
**FREE CHILDCARE!**  
[www.afftonparentsclub.org](http://www.afftonparentsclub.org)

**Sweetheart BREAKFAST**  
featuring **AFFTON PARENTS CLUB**  
ALL YOU CAN EAT  
CHRIS CAKES ST. LOUIS  
PANCAKES & SAUSAGE  
FEBRUARY 10 | ROGERS MIDDLE SCHOOL  
8:30-11:30 AM

AHS PARENT BOOSTERS PRESENT  
**ROCK N ROLL BINGO**  
FEBRUARY 23, 2024  
AMERICAN LEGION HALL #162  
9305 S BROADWAY, ST. LOUIS, MO 63125  
DOORS OPEN AT 6:00, BINGO STARTS AT 7:00  
\$25 PER PERSON/8 PER TABLE  
RAFFLES GAMES PRIZES  
PRIZE FOR BEST THEMED/DECORATED TABLE  
RSVP TO MELISSA ECKHARD  
meckhard@afftonschools.net 314-599-4342  
PROCEEDS BENEFIT THE CLASSES OF 2024, 2025, 2026, 2027  
**NO OUTSIDE ALCOHOLIC BEVERAGES ALLOWED - BRING YOUR OWN SNACKS AND SOFT DRINKS/WATER**  
CASH BAR AVAILABLE

**OPEN REGISTRATION**  
Saturday, April 6, 2024  
to register visit:  
[tri-affton-lon.cheddarup.com](http://tri-affton-lon.cheddarup.com)  
**TRI-AFFTON-LON**



# SCHOOL UPDATES



**AFFTON**  
SCHOOL DISTRICT



## Mesnier students celebrate their heritage

Recently, Mesnier Primary School students Reffat, Merjema, and Hasanat were inspired by the book "Gittel's Journey," and proudly showcased clothing from their home countries.



Two Affton citizens have filed their candidacy for the three year term on the Affton Board of Education. They are: Jeff Franta and incumbent Kenny Edgar.

Under the provisions of Missouri Statute Section 115.124, if the number of candidates who file is the same as the number of positions to be filled by the election (two), there will be no election. Since this is the case, at the April organizational meeting of the Board of Education, the district will swear in these candidates.

## Kindergarten registration

Online registration for the Affton School District's 2024-25 Kindergarten program is now open. Registration information and necessary documentation are available on our website.



All Affton Kindergarten classes are full-day and offered at no cost. Children of Affton School District residents may be enrolled if the child will have reached the age of five (5) years on or before July 31, 2024.



## Special Olympics Unified Bowling Tournament

Earlier this month, Special Olympics athletes and partners had a wonderful time at the Unified Bowling Tournament. Over 109 athletes and volunteers from Mehlville School District and Affton High School joined together for an afternoon of bowling and sportsmanship.

## Middle schoolers take the ice

Field trips are fun -- especially when trying new things. Rogers Middle School students are getting the chance to take the ice as part of the physical education curriculum. What's better than fun, physical activity, and learning all in one?



# Affton Sports - February

### Varsity Boys Basketball

- 2/1: Northwest 7pm
- 2/5: STEAM (AWAY) 7pm
- 2/13: Mehlville 7pm
- 2/14: DuBourg (AWAY) 6:30pm
- 2/16: Normandy (AWAY) 7:15pm
- 2/19: Clayton 5:30pm

### JV Boys Basketball

- 2/1: Northwest 5:30pm
- 2/5: STEAM (AWAY) 5:30pm
- 2/6: John Burroughs 4pm
- 2/12: Clayton 4pm
- 2/13: Mehlville 5:30pm
- 2/14: DuBourg (AWAY) 5pm
- 2/16: Normandy (AWAY) 5:30pm
- 2/19: Clayton 4pm

### Freshmen Boys Basketball

- 2/1: Northwest 4:30pm
- 2/5: STEAM (AWAY) 4pm
- 2/6: Lutheran South 5:30pm
- 2/13: Mehlville 4pm
- 2/16: Normandy (AWAY) 4:15pm

### Swimming

- 2/1: Clayton (AWAY) 4:15pm
- 2/2: Clayton (AWAY) 4:15pm

### Boys Wrestling

- 2/8: Hazelwood West (AWAY) 5pm

### Girls Wrestling

- 2/2: Clayton (AWAY) 4:15pm

### Varsity Girls Basketball

- 2/5: Riverview Gardens 4:30pm
- 2/7: McCluer North 6pm
- 2/9: Ritenour (AWAY) 5pm
- 2/12: Normandy 7pm
- 2/14: Maplewood (AWAY) 4:30pm
- 2/15: STEAM (AWAY) 5:30pm
- 2/20: Parkway Central (AWAY) 6pm
- 2/21: Hazelwood East 6pm
- 2/22: McCouer (AWAY) 5pm

### JV Girls Basketball

- 2/7: McCluer North 4:30pm
- 2/13: Normandy 4:30pm
- 2/15: STEAM (AWAY) 4pm
- 2/20: Parkway Central (AWAY) 4:30pm
- 2/21: Hazelwood East 4:30pm
- 2/22: McCluer (AWAY) 4pm

### Freshmen Girls Basketball

- 2/12: TBA 4pm



# SCHOOL UPDATES



Missouri State Senator Doug Beck

## Bayless hosts legislative breakfast

On January 2, before students returned, Bayless hosted a legislative breakfast with congresspersons, school administrators and board members from various parts of south county.

Legislators included state senator Doug Beck, representative Bridget Walsh Moore and representative Jim Murphy School districts represented included Bayless, Lindbergh, Mehlville, Hancock Place and Affton.

## BHS students participate in technology forum

On January 19, a team of 10 high school students attended the Ninth Annual STEM Student Forum Kickoff hosted by World Wide Technology.

The forum is a gathering of some of the brightest young high school students. This was Bayless's first time attending.

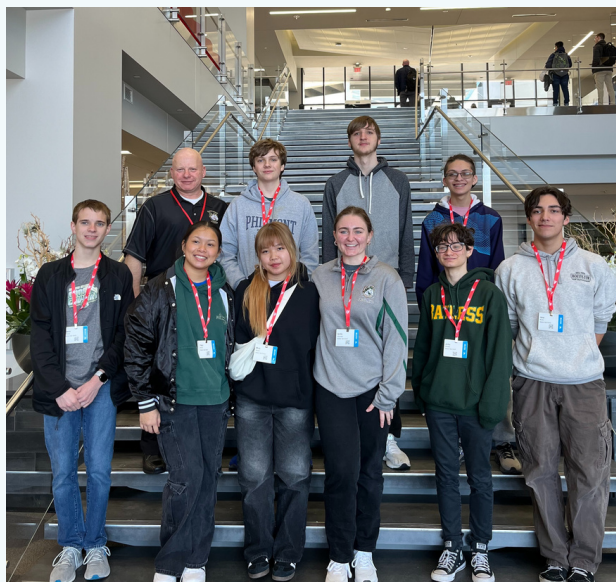


## Bayless High School Band performs at MMEA Conference

The Bayless High School Band performed at the Missouri Music Educators Association annual conference at the Lake of the Ozarks on Jan. 25.

The band was selected as the representative of the St. Louis region, which is an honor only given to some of the top bands in the metro area. Directors Stephen Elford and Jeff Martini, as well as the seniors from the graduating class of 2023, worked very hard to earn this placement.

"I am incredibly proud of our students who dedicate countless hours to honing their musical ability while participating in various other student programs on campus," BHS principal Eric Lawrence said in a letter to the Association. "The students you will see performing for your membership are genuinely some of the best in our building."



## Bayless Sports - February

### Varsity Boys Basketball

- 2/15: Christian HS 6:30pm
- 2/2: Metro 7pm
- 2/7: Grandview (AWAY) 7pm
- 2/9: Brentwood 7pm
- 2/13: Valley Park 7pm
- 2/15: Jefferson 7pm
- 2/21: North County (AWAY) 7:30pm
- 2/22: Festus (AWAY) 7:30pm

### JV Boys Basketball

- 2/2: Metro 5:30pm
- 2/7: Grandview (AWAY) 5:30pm
- 2/13: Valley Park 4pm
- 2/15: Jefferson 5:30pm
- 2/21: North County (AWAY) 6pm

### Varsity Girls Basketball

- 2/5: Christian HS (AWAY) 7pm
- 2/9: Brentwood 5:30pm
- 2/12: DuBourg 7pm
- 2/13: Valley Park 5:30pm
- 2/15: Brentwood (AWAY) 5pm
- 2/20: Maplewood 5:30pm
- 2/22: Herculaneum (AWAY) 7pm

### JV Girls Basketball

- 2/5: Christian HS (AWAY) 5:30pm
- 2/12: DuBourg 5:30pm
- 2/22: Herculaneum (AWAY) 5:30pm



# SCHOOL UPDATES



## Martin Luther King Jr. Model of Justice Award

Congratulations to Tiffany Ly '24 who was Cor Jesu's 2024 recipient of the Archdioceses of St. Louis Martin Luther King, Jr. Model of Justice Award!

## Alumnae Internship Networking Connections (INC) Success

In January, CJA welcomed college-aged alumnae back to campus for an afternoon of career preparation and networking with employers.

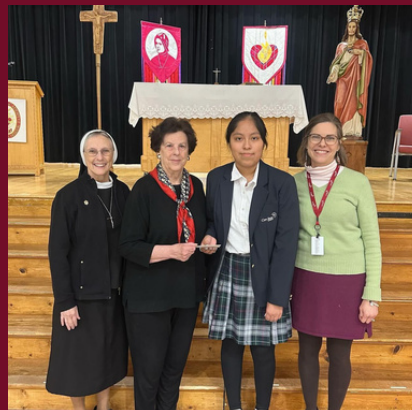
## Upcoming Events

### Cor Jesu Auction

Saturday, February 3

## Funderwear 20th Anniversary Recap

Together with St. Joseph's Academy, Cor Jesu celebrated two decades of the annual Funderwear Challenge. Both schools worked to collect as many socks, underwear and sports bras possible for the clients of the St. Patrick Center who were experiencing homelessness. It was the most successful year yet! Together the schools raised 64,393 items!



Congratulations to Valeria Rodriguez '26 who received third place recognition in the annual Serra Club High School Vocation Essay Contest!

Congratulations to Grace Oliver '25! Grace's original play, "Two Men in a Bakery," was chosen for the Missouri State Thespian Conference's Page-to-Stage program!



## Sports Highlight

Cor Jesu's Dance Team is on a roll! The team placed first in lyrical and second in poms at the Fort Zumwalt North High School Invitational.



## Cor Jesu Sports - February

### Varsity Basketball

- 1/30-2/3: Webster Winter Challenge TBD
- 2/6: MICDS 6pm
- 2/7: Incarnate Word 6pm
- 2/13: Whitfield (AWAY) 6pm
- 2/16: Notre Dame (Cape Girardeau) (AWAY) 6:30pm
- 2/17: Jackson (AWAY) 12pm
- 2/19: St. Francis Borgia 7pm
- 2/20: Nerinx Hall (AWAY) 6pm

### JV Basketball

- 2/6: MICDS 4:30pm
- 2/7: Incarnate Word 4:30pm
- 2/16: Notre Dame (Cape Girardeau) (AWAY) 5pm
- 2/17: Jackson (AWAY) 10:30am
- 2/19: St. Francis Borgia 5:45pm
- 2/20: Nerinx Hall (AWAY) 4:30pm

### Freshman Basketball

- 2/6: Nerinx Hall 4pm
- 2/8: St. Joseph's Academy 4:30pm



# SCHOOL UPDATES



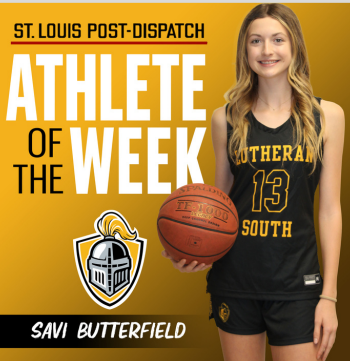
**LUTHERAN  
HIGH SCHOOL  
SOUTH**

Mara Queen received a call back for the All-State Jazz Band, placing her among the top six bassists in the state.

She was selected as the sole bassist for the Metro 8 All-District Jazz Band, which qualified her for State, where she competed against 22 other musicians. And she's a freshman!



Coach Brian Lind logged his 300th career win as Lutheran South's head basketball coach. Coach Lind reached the milestone with a win against Valley Park earlier this season. A 1990 graduate and former player, Lind has coached the Lancers for 24 years with nine District Championships.



Savi Butterfield was named a high school Athlete of the Week by the St. Louis Post-Dispatch.

Butterfield returned from a month-long injury by scoring 25 points to go along with four rebounds and four steals at a holiday tournament in Phoenix, Arizona. She then had a career-high 31 points and 10 steals in the next game and closed the tournament with 26 points, six steals, four rebounds and four assists.



The girls swim team is breaking records again! The 200 medley relay consisting of Reese Schelp, Ella Arbeiter, Grace Bollmeier and Aubrey Yancey broke a 17-year-old record with a time of 2:03.86.

Yancey, who is a freshman, also broke a record in the 100 backstroke by swimming it in 1:02.24 and went under a minute in the 100 butterfly tying the school record of 59.88.



The Lancerettes competed at the Fort Zumwalt North Invitational last weekend and stood out in a division of respected large schools! The girls placed 2nd in their Mix routine, and 3rd in Pom. The team will continue to prepare for their State competition in Kansas City next month.

## Lutheran South Sports - February

### Varsity Girls Basketball

- 2/7: St. Francis Borgia 7pm
- 2/9: MICDS (AWAY) 5:30pm
- 2/16: Principia 5:30pm
- 2/20: Francis Howell (AWAY) 5:30pm

### JV Girls Basketball

- 2/2: Marquette 4:15pm
- 2/7: St. Francis Borgia 5:30pm
- 2/9: MICDS (AWAY) 4pm
- 2/20: Francis Howell (AWAY) 4pm

### Freshmen Girls Basketball

- 2/1: Clayton (AWAY) 4:15pm

### Girls Swimming

- Districts TBA

### Freshmen Boys Basketball

- 2/6: Affton (AWAY) 5:30pm
- 2/9: MICDS (AWAY) 4:15pm

### Varsity Boys Basketball

- 2/1: Metro 6:30pm
- 2/6: Rockwood Summit 7pm
- 2/9: MICDS (AWAY) 7pm
- 2/13: Christian HS (AWAY) 7pm
- 2/16: Principia 7pm
- 2/20: St. Charles 6:30pm
- 2/23: Prioxy (AWAY) 6pm

### JV Boys Basketball

- 2/1: Metro 5pm
- 2/2: Principia 5:30pm
- 2/6: Rockwood Summit 5:30pm
- 2/9: MICDS (AWAY) 5:30pm
- 2/13: Christian HS (AWAY) 5:30pm
- 2/20: St. Charles 5pm



# SCHOOL UPDATES



**SALEM LUTHERAN**  
CHURCH AND SCHOOL

5025 Lakewood Avenue  
St. Louis, MO. 63123  
314-353-9242 - [www.slcas.org](http://www.slcas.org)

## LITERATURE PARADE



We invite you to join us for these

# UPCOMING EVENTS

Spring 2024 @ Salem Lutheran Church & School



**February 4**

11 am - 5 pm  
Salem Men's Club  
All You Can Eat Sausage Supper



**March 9**

10 - 11 am  
Preschool Playdate on the Playground

**March 30**

10 am - 11 am  
Easter Egg Hunt Begins!



**April 13**

10 am  
Salem Men's Club BBQ

**April 27**

6 - 9 pm  
Salem Trivia Night

watch for more details at  
[www.slcas.org](http://www.slcas.org)

5025 Lakewood Avenue Affton, MO  
enrollment@slcas.org 314-353-9242  
facebook.com/salemlutheranschoolaffton



**SALEM LUTHERAN**  
CHURCH AND SCHOOL



## WHY CHOOSE SALEM?

Christ-centered education for students ages 2 years - 8th grade

12:1 student/teacher ratio

Financial aid available

Special Discount for new K - 8th grade students

Traditional Sports & Exciting new enrichment programs

Before & after school care

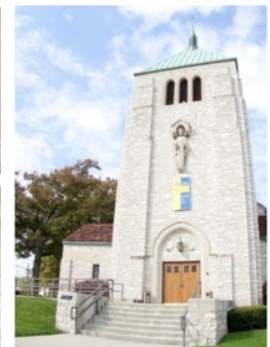
Summer camp

In-house resource teacher, counselor & speech-language pathologist



**SALEM LUTHERAN**  
CHURCH AND SCHOOL

Offering excellence in education to families of Affton, Lemay & surrounding communities for over 100 years!



**Holy Cross Academy**  
8874 Pardee - St. Louis, MO 63123  
Intermediate Campus  
7748 Mackenzie Road St. Louis, MO 63123  
Early Education Center



# COMMUNITY GOVERNMENT



**DO YOU  
HAVE A QUESTION FOR  
YOUR ELECTED  
REPRESENTATIVE?**

**CHECK BELOW FOR YOUR  
REPRESENTATIVES INFORMATION**

Governor Mike Parsons  
P.O. Box 720  
Jefferson City, MO 65102  
573-751-3222

US Senator Josh Hawley  
111 South 10th Street, Suite 23.360  
St. Louis, MO 63102  
314-354-7060

US Senator Eric Schmidt  
Thomas F. Eagleton US Courthouse  
111 South 10th Street, Suite 23.305  
St. Louis, MO 63102  
314-230-7263

MO State Senator (District 1)  
Doug Beck  
201 West Capitol Avenue  
Room 328  
Jefferson City, MO 65109  
(573) 751-0220  
doug.beck@senate.mo.gov

MO House of Representatives (091)  
Sarah Unsicker  
201 West Capitol Avenue  
Room 101-C  
Jefferson City M) 65101  
573-751-2883  
Sarah.Unsicker@house.mo.gov

MO House of Representatives (092)  
Michael Burton  
201 West Capitol Avenue  
Room 109-D  
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573-751-9472  
Michael.Burton@house.mo.gov

MO House of Representatives (093)  
Bridget Walsh Moore  
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Bridget.Walshmoore@house.mo.gov

St. Louis County Executive  
Dr. Sam Page  
41 South Central  
Clayton, MO 63105  
314-615-5000  
cecomments@stlouiscountymo.gov

District 5 Councilwoman  
Lisa Clancy  
314-615-5441  
lclancy@stlouiscountymo.gov

District 6 Councilman  
Ernie Trakas  
314-615-5442  
etrakas@stlouiscountymo.gov



## Thank you

**Our thanks to all who participated in making the February issue of LET'S HEAR FROM 123. We wish you all a happy and healthy heart month! See you in March!**

### Answers to Did You Know:

- 1) Lupercalia, a fertility festival. The ancient festival honoring Faunus, the Roman god of agriculture and Romulus and Remus, the founders of Rome.
- 2) *The Notebook*  
(from Kelly Kuehn- Readers Digest)
- 3) "My Funny Valentine"; Frank Sinatra  
(Yahoo News)